

Dear Parent/Legal Guardian,

This year, all children aged 2-17 years of age will be offered the Influenza (Flu) vaccine free of charge by Kelly's Pharmacy. Flu circulates in the community during flu season, normally from the beginning of October through to the end of April, and children are more likely than adults to get severe complications of flu. Children who are sick with flu may miss days in crèche, childcare or school and may miss out on their usual activities, such as hobbies and sports. As well as helping to protect your child from serious complications if they get Flu, the Flu vaccine reduces the spread of Flu virus to other people, meaning that siblings, parents and grandparents of vaccinated children may also have increased protection from Flu.

The flu vaccine is recommended for all children aged 2-17 years. The vaccine that your child is being offered is called Fluenz. It is a safe and effective vaccine that is given as a nasal spray. All children can get the nasal flu vaccine by visiting their local Pharmacist however, this year we have partnered with your child's school to provide a convenient opportunity for your child to receive the vaccine. Getting the flu vaccine will protect your child against infection with flu which can sometimes cause complications in children. Complications of flu in children include:

- \* Pneumonia
- \* Bronchitis
- \* Rarely inflammation of the brain (encephalitis)

Vaccinating your child benefits them and also benefits their community as children can spread flu to those around them including those who may be older or have underlying medical conditions.

Please find attached:

- \* An information leaflet about the nasal flu vaccine in children
- \* A consent form for vaccination

Please read the information leaflet, complete the consent form and return it to the school.

You can find Irish translations of the information leaflet at

<https://www.hse.ie/eng/health/immunisation/pubinfo/flu- vaccination/information/information-material.html> and consent form at

<https://www.hse.ie/eng/health/immunisation/hcpinfo/fluinfo/irishlaivconsentform.pdf>

You can find further information in the attached materials or at [www.hse.ie/flu](http://www.hse.ie/flu) or you can speak to your Pharmacist. If your child has already received a flu vaccine since September this year or has an appointment already arranged, please do not consent for your child to receive a flu vaccine in this extra clinic. There will be a small number of children not able to have the nasal spray flu vaccine because of pre-existing medical conditions or treatments. They will be identified by the information provided by you on the attached consent form. If your child falls into this category, they should still be vaccinated against the flu with an injected vaccine, unless this vaccine is also not recommended for your child. They should attend their pharmacist and make an appointment to arrange this. Furthermore if there is any change in the medical conditions since the completion of the consent questionnaire please contact the team on Telephone: 065-7084440 Email: [mariekellypharmacy@gmail.com](mailto:mariekellypharmacy@gmail.com)

We will vaccinate during school hours on the school premises using the nasal spray flu vaccine.

Additionally, if you have any questions or concerns, members of the vaccination team are happy to help.

Yours sincerely

*Marie Kelly MPSI*





# Part 4: Immunisation Consent

**Medical Consent:** Please note only a parent or legal guardian can provide consent for a medical procedure, or refuse consent for a medical procedure for young people under 16 years of age. Young people aged 16 years or older are legally entitled to consent for themselves. Read more about the [HSE Consent Policy](#) on the HSE website.

**CONSENT TO VACCINATION:**

Please tick one of the boxes below indicating whether you consent (tick yes) or refuse (tick no) the vaccination, and then sign this section.

YES, I want my child to receive the flu nasal spray vaccination

NO, I do not want my child to receive any flu vaccine

I have read and understand the accompanying vaccine information, including known side effects.

I confirm by signing this form that I am authorised to give or refuse consent on behalf of the above named child.

Name (Please print):

Signature: \_\_\_\_\_

Date:          
D D M M Y Y Y Y

(Please tick): Parent  Legal Guardian  Self

Thank you for completing the consent form. Please return in the envelope provided.

**If you have consented to vaccination, please let your vaccinator know before the date of vaccination if your child:**

- has had influenza antiviral medications in the 48 hours before their vaccine is due, they should not get the vaccine.
- has an acute exacerbation of asthma, including increased wheezing and/or needed additional inhalers in the previous 72 hours they should not receive the nasal flu vaccine.
- has received a dose of the flu vaccine from their GP or Pharmacist since the consent form was completed.
- is unwell with a sudden fever (as vaccination should be delayed until recovery).

You can contact the vaccinator by phoning them. Please note that this vaccine is not suitable for people who are pregnant.

**Privacy Notice:** The HSE do not use consent as a lawful basis for processing personal data. In the interest of transparency, to explain how we collect and use personal information the HSE provides details within the [HSE Privacy Notice for Patients and Service Users](#) which is accessible via the [HSE Privacy Statement](#). The processing of your child's data will be lawful and fair. It will only be processed for specific purposes including, to manage the vaccinations, to report and monitor vaccination programmes, to validate clients and provide health care. Data sharing between HSE departments may also occur.

## Fluenz (LAIV) nasal flu vaccine

This young person assents to receiving the vaccine (Please tick)

Prescriber's signature and MCRN/PIN	Vaccinator's signature and MCRN/PIN	Batch No.	Expiry Date	Vaccination Site		Date Given
			<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <small>M M Y Y Y Y</small>	Right Nostril <input type="checkbox"/>	Left Nostril <input type="checkbox"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <small>D D M M Y Y Y Y</small>

Time Vaccinated: \_\_\_\_\_ AM/PM      Vaccination Location: School  Clinic

Clinic Name: \_\_\_\_\_

Completed by: \_\_\_\_\_ MCRN/PIN: \_\_\_\_\_        
D D M M Y Y Y Y

If vaccine not administered please state why?

DNA or Absent

Refused on the Day

Vaccine Contraindicated

Deferred

Other

**FOR OFFICE USE ONLY**

Version 2.0 September 2024

Name:

Date of Birth:

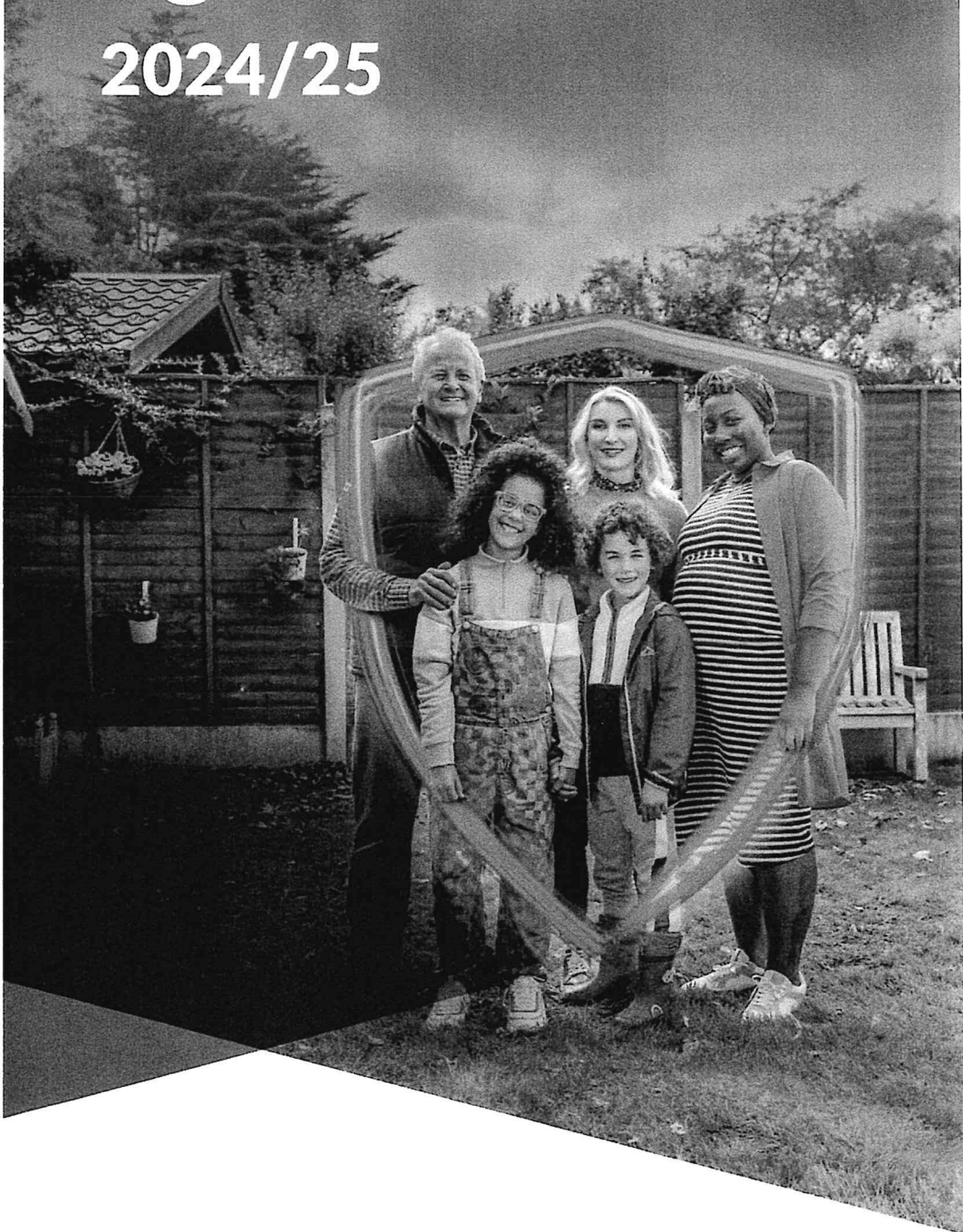
Class:

School Roll Number:





# Flu Vaccine for Children aged 2-17 2024/25



Rialtas na hÉireann  
Government of Ireland

# Flu Vaccine for children aged 2-17

This flu season 2024/25, all children aged 2-17 years will be offered the flu vaccine free of charge.

This leaflet explains why it is important that children get the flu vaccine. It tells you where your child can get the flu vaccine and important information about the vaccine.

**Please read carefully.**



## What is flu?

Influenza (flu) is a very infectious illness caused by the flu virus. Flu spreads easily and infects both children and adults.

Flu circulates in the community during the flu season. The flu season usually starts at the beginning of October and lasts until the end of April.

## How does flu affect children?

Children are more likely than adults to get severe complications of flu.

Children who are sick with flu miss days in crèche, childcare and school. They also miss out on their usual activities such as hobbies and sports.

Over 10 years in Ireland recently:

- Almost **5000** children were hospitalised because of flu
- Almost **200** needed intensive care (ICU)
- Sadly **40** children died

## Can flu cause serious illness in children?

**Yes.** Complications of flu include pneumonia, bronchitis, and, on rare occasions, inflammation of the brain (encephalitis).

Children with chronic health conditions are most at risk of the serious complications of flu.

## **How will the flu vaccine protect my child?**

The flu vaccine helps your child's immune system to produce antibodies (proteins that fight infection).

If your child has had the flu vaccine and they come into contact with the flu virus, the vaccine can stop them from getting sick.

## **If my child gets the flu vaccine, are other people protected?**

If your child gets the flu vaccine, it reduces the spread of flu to others. This helps protect people around them from flu, for example their brothers and sisters, parents and grandparents.

If enough children are vaccinated fewer people will need treatment in hospital. This is very important for our health services especially during the winter.

## **What is the name of the flu vaccine for children?**

The flu vaccine for children is called Fluenz manufactured by AstraZeneca.

The flu vaccine for children has been given to children in the US since 2003 and in the UK since 2013 and Ireland since 2020.

## How is the vaccine given?

Your vaccinator will give the vaccine as a spray up your child's nose (nasal vaccine). They will spray once in each nostril. There is no need for an injection and it's pain free.

Your child can breathe normally while getting the vaccine. There is no need to take a deep breath or sniff.

Some children who have chronic health conditions like chronic heart or lung conditions may need two doses, given four weeks apart.

## Are there any children who should not get the nasal flu vaccine?

A very small number of children will not be able to get the nasal flu vaccine because of medical reasons.

Children or young persons should **not** get the vaccine if they:

- have had a severe allergic reaction to a previous dose of the flu vaccine or any of its ingredients
- have severe asthma or if they have been wheezy or needed their inhaler more than usual in the three days before the vaccination
- are taking medicines called salicylates, which include Aspirin

- have a severely weakened immune system because of certain medical conditions or treatments
- are living with someone who has a severely weakened immune system (for example, a person who recently had a bone marrow transplant)
- have severe neutropenia (low levels of a type of white blood cell) except for those with primary autoimmune neutropenia
- have taken antiviral medication for flu within the previous 48 hours
- have a condition which means they have a leak of cerebrospinal fluid (CSF) - the fluid that surrounds the brain and spinal cord
- are pregnant.

Talk to your doctor before getting the nasal flu vaccine for your child if they have had a cochlear implant or are taking two medicines called combination checkpoint inhibitors (for example, ipilimumab plus nivolumab) which are used to treat cancer.

If your child cannot get the flu vaccine using a nasal spray (nose spray), your GP (Doctor) or pharmacist will talk to you about giving your child a different flu vaccine, which is given by injection.

## **Can the nasal flu vaccine give you the flu?**

**No.** The nasal flu vaccine will not give your child the flu.

## **Are there any side effects of the nasal flu vaccine?**

The flu vaccine is a very safe vaccine.

The most common side effects are mild. They include a runny or blocked nose, headache and muscle aches. Some children get a fever (temperature) after the vaccine, but it is usually mild and goes away on its own.

Serious side effects such as a severe allergic reaction are very rare.

## **What if my child doesn't feel well after vaccination?**

If your child has a fever (temperature) or a headache, you can give them paracetamol or ibuprofen. Do not give Aspirin or medicines called salicylates to children, unless they have been prescribed by a doctor. This is especially important in the 4 weeks after getting the vaccine.

Talk to your GP (Doctor) or pharmacist if your child is very unwell after the vaccine, as it may be for some other reason.



## **My child is allergic to eggs. Can they get the nasal flu vaccine?**

**Yes.** Most children with an egg allergy can have a flu vaccine. Talk to your GP (Doctor), pharmacist or vaccinator.

## **My child has asthma. Can they get the nasal flu vaccine?**

**Yes.** Most children with asthma can get the flu vaccine.

Your child should not get the nasal flu vaccine if they have severe asthma or if they have been wheezy or needed their inhaler more than usual in the 3 days before the vaccination.

Talk to your GP (Doctor) or pharmacist.

## **My child is under 2 years of age; can they get the nasal flu vaccine?**

**No.** The nasal flu vaccine can only be given to children from their second birthday.

If your child has a chronic health condition which means that they are at risk from flu, they can get a different flu vaccine which is given by injection.

Talk to your GP (Doctor) or pharmacist.

## **My child is 18 years or older; can they get the nasal flu vaccine?**

**No.** If your child has a chronic health condition which means that they are at higher risk from flu, they can get a different flu vaccine which is given by injection.

Talk to your GP (Doctor) or pharmacist

## **Will the flu vaccine protect my child against COVID-19?**

**No.** The flu vaccine doesn't protect against COVID-19. It is important to get both the flu vaccine and the COVID-19 vaccine. This is because Flu and COVID-19 are caused by different viruses. Flu and COVID-19 can both cause serious illness and if your child gets them they might need to be admitted to hospital. It may be difficult to tell the symptoms of flu apart from the symptoms of COVID-19.

If they have had the COVID-19 vaccine they should still get the flu vaccine.

Children aged 5 years and over can get the COVID-19 vaccine at the same time as the flu vaccine if it is offered to them.

For children 6 months to 4 years other vaccines should be separated from COVID-19 vaccines in this age group by 14 days.

## **Where can I get the nasal flu vaccine for my child?**

You can get the nasal flu vaccine from your GP (Doctor) or pharmacist.

Some children may be offered the nasal flu vaccine in school.

## **What does the nasal flu vaccine cost?**

If your child is aged 2-17 years, the vaccine and the consultation with your GP (Doctor) or pharmacist are free.

For more information see:

[www.hse.ie/flu](http://www.hse.ie/flu)

You can also find a link to the patient information leaflet for the vaccine at [\*\*www.hpra.ie\*\*](http://www.hpra.ie). Search for Fluenz to read the relevant patient information leaflet.

National Immunisation Office  
[www.hse.ie/flu](http://www.hse.ie/flu)  
Order Code: HNI01369  
August 2024

