

# fresh today

## Lunch Menu

### Monday

Roast Chicken, Mashed Potato, Vegetables  
Bangers & Mash with Onion Gravy  
Beef & Pork Meatballs, Gravy, Mashed Potato  
Penne Pasta with Meatballs & Tomato Sauce  
Chicken Curry & Rice  
Vegan Pasta Bake  
Plain Pasta

### Tuesday

Roast Beef with Mashed Potato & Vegetables  
Roast Turkey with Mashed Potato &  
Vegetables Chicken & Chorizo Pasta Bake  
Chicken al a King & Rice  
Chicken Curry & Rice  
Sweet Vegetable Curry with Rice  
Plain Pasta

### Wednesday

Roast Chicken, Mashed Potato, Vegetables  
Bangers & Mash with Onion Gravy  
Beef & Pork Meatballs with Gravy & Mash  
Penne Pasta with Meatballs & Tomato Sauce  
Chicken Curry & Rice  
Vegan Pasta Bake  
Plain Pasta

### Thursday

Roast Beef with Mashed Potato & Vegetables  
Roast Turkey with Mashed Potato &  
Vegetables Chicken & Ham Carbonara  
Chicken al a King & Rice  
Chicken Curry & Rice  
Sweet Vegetable Curry with Rice  
Plain Pasta

### Friday

Chicken Goujon Baguette  
Pepperoni & Mozzarella Ciabatta  
Sausage Baguette  
Chicken Goujons, Baked Beans & Potato Cubes  
Chicken Curry & Rice  
Sweet Vegetable Curry with Rice  
Plain Pasta